



The Implementation of Problem Based Learning to Improve The Students' Learning Outcomes of Cognitive Aspects in Oxy Acetylene Welding Course

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ABSTRACT

This study aims to improve the learning outcomes of cognitive aspects among X grade students of Metal Fabrication Engineering and Manufacturing, Vocational High School (VHS) using Problem-Based Learning (PBL) method. This study used classroom action research, which was conducted in two cycles. Each cycle consisted of four stages, i.e. planning, implementation, observation, and reflection. This study involved one collaborator to assist researchers in implementing PBL and to monitor the learning process. The data collection technique used observation method with checklist and rating scale instrument. The data were analyzed descriptively. The research results showed that the implementation of PBL method in ignition system learning improve the students' learning activities with the percentage of 11.20%, the learning activities, in which 29 students was in very high category and 3 students with high category. Also, the learning outcomes of cognitive aspects getting higher amounted to 5.32% consisting of remembering (86.87%), understanding (77.68%), applying (78.77%), analyzing (79.61%), evaluation (77.97%), and creating (79.16%) respectively. Moreover, the students' learning outcomes rised of which 29 students (91.31%) achieved above the minimum completeness criteria.

Keywords: *problem-based learning, cognitive aspects, learning outcomes*

INTRODUCTION

The lack of education implementation in Vocational High Schools (VHS) has become concern for Indonesian government. The government keep trying to improve the quality of its lerning process to achive the objectives of VHS education, i.e. to prepare students to enter the workforce in order to be able to compete in the current job market. The subjects in VHS are divided into 3 groups, namely adaptive, normative and productive courses. On the other hand, the demand of work qualification is increasing that make the quality of VHS graduate must be suited with the current development era. However, the target of vocational education to achieve high scores and to

realized qualified learning process is still far from the target of national education standards and vision of 2025. The learning process seems not reflected a clear concept and principles that result in the low material mastery among the students. One of courses that is considered difficult and complex is oxy acetylene welding. Moreover, the given evaluation from the teacher in the form of a test appears less effective to help the students' understanding, either the knowledge development or cognitive processes. In fact, most of students have been through their learning of oxy acetylene welding by having the practice process without any problem solving activities that is beneficial for their future work environment. This condition also happen in State SMK Negeri

I Sayegan (Vocational High School I Sayegan) where the tests results of the previous semester in oxy acetylene welding course were still low.

In order to improve this circumstances, the learning proces must be oriented to real world problems. The problem can be simplified related to the target of learning. Learning can be said successful if it implies the teaching and learning process which is able to improve students' learning activities and outcomes. The success of learning can be clarified from the students' competency in performing the acquired knowledge (Guthrie & Schuerman, 2010; Wong & Wong, 2001). One of the student-centered learning approach that is able to enhance the learning process is problem-based learning (PBL). It is a method of learning which provides students with real problems so that students can enhance their knowledge and understanding through them (Liu, et al., 2009; Marsh, 2010; Baden & Major, 2004).

Besides, Ane et al. (2013) suggests that project Based Learning model was effective to enhance students' generic green skills, such as project management, collaborative skills, and communicative competence. Thus, Problem-Based Learning (PBL) should be put forward to overcome this situation. Marfiatun, et.al (2018) found that Problem Based Learning model can effectively improve students' problem-solving abilities. Moreover, Raharji et al. (2018) clarify that this learning method challenges students to learn by working with the group to find solutions to real problems and those issues are used to enhance the sense of curiosity, critical ability and analysis upon the subject matter. It means PBL can affect students' social behavior (Rina, 2017), as Carroll (1993:5) states that in such cases ability is defined in terms of maximal performance.

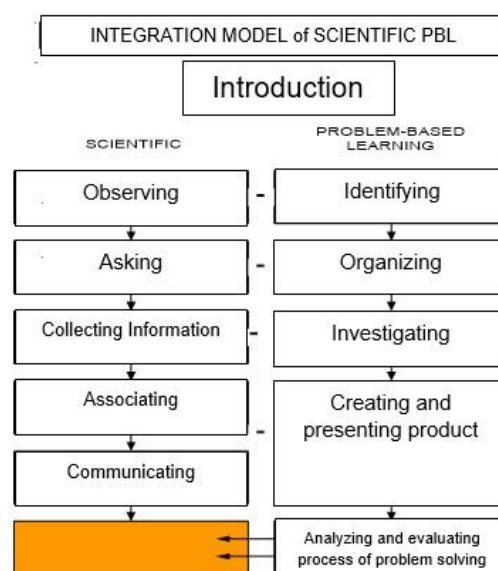


Figure 1. Integration model of scientific PBL

The procedure of PBL is by discovering a problem designed by the teacher, then, students perform the learning process to find information from a variety of sources. It is followed by group discussions and make some investigation to gain the solution (Rusmono, 2012). Through those processes of PBL, the students can find new knowledge (Duch, et al, 2001). PBL is suitable to be run in the oxy acetylene welding learning in order to give the students real experience as a problem solver. This study aimed at investigating the implementation of PBL to improve the learning outcomes of oxy-acetylene welding course SMK Negeri 1 Seyegan based on the 2013 curriculum.

METHOD

The approach used in this study is a classroom action research with PBL model in order to improve the teaching and learning process and the programs and learning models that have been running in SMK Negeri I Sayegan. The steps include planning, action, observation, and reflection (Pardjono, 2007: 22). In addition, the research design refers to Kemmis & Mc. Taggart model. Taggart as according to the picture 2.

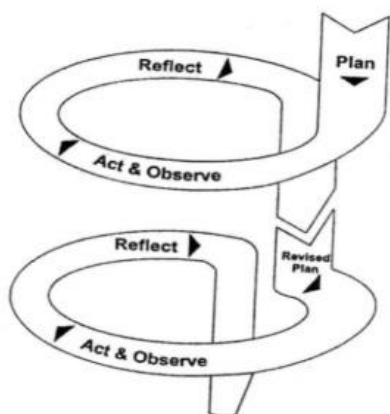


Figure 2. Kemmis & Mc. Taggart Design of Action Research

RESULT AND DISCUSSION

The study was conducted in two cycles. Each cycle included planning, Implementation, observation and reflection. The results and the discussion of this research was presented as follow

At this planning stage in cycle I, several items were prepared such as learning tools, lesson plans, teachers' activity instruments, students' activity instruments, problem-solving report sheets and experimental results, group discussion results sheets, pretest and cognitive test sheets, and student attendance lists.

There were 32 students involved in this study. The implementation of learning began at 7:15 a.m. with the teacher conditioning the class by checking the attendance of students. It was followed by giving instruction for PBL implementation. This model was given to these students for their first time. So, they needed detailed explanations to achieve the learning objectives. Then, the delivery covering the learning devices filling by the students, observing the activities of the teachers and the mentors, small group divisions and the stages to carried out PBL model. Before the learning process, the students' ability was measured through the pretest. After that, the planned PBL method was implemented with 5 phases, as follow. The

phase 1 was the students' orientation about the problem. The actions taken by the teacher were (a) explaining the learning purpose of oxy acetylene welding using PBL method; (b) explaining the stages of learning; (c) describing the equipment needed in PBL; and (d) motivating the students to be involved in activities to overcome the faced problems.

The learning objectives in this phase were to make the students able to understand: (a) the functions and components of oxy acetylene welding; (b) the working methods and principles of oxy acetylene welding; (c) the timing of ignition of oxy acetylene welding; (d) the components and methods of oxy acetylene working; and (e) the components and the working methods of oxy acetylene welding. The stages of learning that must be understood by students including (a) orienting students to problems; (b) organizing students to learn; (c) facilitating individual and group investigations; (d) developing and presenting the work; (e) analyzing and evaluating the problem solving process. The tools needed by the students in implementing PBL learning process include the oxy acetylene welding display unit, hand tools and measuring instruments, replacement components, guidebooks of oxy-acetylene welding, monitors and laptops with internet connectors. The main objective was to identify the problems that had been faced and equated the perception and ideas.

The phase 2 was facilitating the students to conduct experiment. The teachers and collaborators acted as facilitators to assist the students in groups and individuals. The students discussed the stages of the steps to solve the problem they encountered. The purpose of this phase was to make the students able to actively conduct experiments and find information from relevant sources. The Phase 3 contained helping independent and group investigation. The result was each group reporting their investigation or the details of explanation for each solution to the problem as well as linking the theory to

the fact according to the obtained information. Here, based on the observations results, some students still appeared to be passive during the learning implementation or lack of involvement in the experiments. In the first cycle, the students had already combined information in accordance with the measured components but they often asked questions to ensure their answer. It seemed that the student was not really confident with their own performance.

The observation showed that the students still found it difficult in determining the common cause of damage in the repairing step. They seemed to determine the damage without any logical reasons. The role of the teacher and collaborator was to help them to relate their logic with their faced problem, especially in each function and work of the oxy-acetylene welding component.

In Phase 4, it developed and presented the work. At this stage, each group was asked to develop and present their work in front of other groups and providing opportunities for other groups to contribute their ideas. The last phase was analyzing and evaluating the problem solving process. The teachers and collaborators facilitate the students to reflect on their investigations and the processes that had been carried out. The purpose of this activity was to review and evaluate their problem solving process based on the teacher's notes at the presentation. Learning activities using PBL required 3 (three) meetings with a total of 30 hours. The amount of time included the implementation of the five phases above. The time needed to complete a cognitive test was 60 minutes for 40 item questions. The cognitive question sheet consisted of (a) remembering; (b) understanding; (c) applying; (d) analyzing; (e) evaluating; and (f) creating. Those were arranged with different numbers in order to know the dominant area of the students' abilities. The cognitive aspect assessment was in the form of the escalation of the percentage after PBL implementation. Based on the

results of the assessment in cognitive aspects, there was still no improvement on the basic competencies in learning. After the assessment was done, the second cycle was implemented since the students' activities and outcomes had not fulfilled yet. Meanwhile, the observation carried out on the teacher and student activities as well as the assessment of the students' cognitive / knowledge aspects

The results of cognitive assessment of the pretest before PBL implementation contained 6 (six) levels of cognitive aspect abilities with the number of 40 item questions. Each level was developed into a number of questions, such as: (a) remembering, with 5 items; (b) understanding with 7 items; (c) applying with 10 items; (d) analyzing with 10 items; (e) evaluating with 4 items; and (f) creating with 4 items, respectively. The learning outcomes for cognitive aspects in the pretest is presented in the table 1 below.

Table 1. Assessment of cognitive aspect in cycle I

No.	Level of Cognitive Ability	Item Number	Completeness	Mean (%)
1	Remembering	5	2	58,97
2	Understanding	6	2	63,81
3	Applying	9	2	57,11
4	Analyzing	11	3	52,44
5	Evaluating	4	0	58,33
6	Creating	4	0	55,13
	Total	40	9	61,72

The data on the pretest on cognitive aspects above showed the overall mean score of 61.72% from 40 questions with 9 items completeness. The details of the learning outcomes were: (a) considering with 58.97% by having 5 questions of which 2 completed; (b) understanding with 63.81% by having 7 items of which 2 completed; (c) applying consisting of 57.11% with 9 questions of which 2 completed; (d) analyzing by having 52.44% with 11 of which 3 completed; (e) assessing attaining 58.33% of which 4 not completed yet; and (f) creating by having

55.13% with 4 not completed items. From 32 students, it was 6 students (15.4%) who obtained the score above the minimum completeness criteria of 70.

The learning outcomes of cognitive aspects on post-tests after the learning process was completed presented in the table 2.

Table 2. Assessment of cognitive aspect on posttest of cycle I

No.	Level of Cognitive Ability	Item Number	Completeness	Mean (%)
1	Remembering	5	4	73,21
2	Understanding	6	5	79,52
3	Applying	9	6	70,32
4	Analyzing	11	9	76,16
5	Evaluating	4	2	72,47
6	Creating	4	3	69,15
Total		40	29	73,83

Reflection was the final stage in each action. It was done to assess the research that had been carried out and to decide whether it still needed some improvement

The learning outcomes of cognitive aspects on posttest after PBL implementation showed the percentage of 73.83%, with details as follows: (a) considering (73.21%); (b) understand (79.52%); (c) applying (70.32%); (d) analyzing (76.16%); (e) evaluating (72.17%); and (f) creating (69.15%) respectively. Based on the above percentage of the students who have completed the minimum completeness criteria as many as 27 students (74.19%). Meanwhile, the indicator of success was the student completeness with 80%. The cognitive learning had not met the expected target yet, so it needed to be improved in the cycle II.

In the planning stage of cycle II, the researcher prepared the learning devices consisting of in depth lesson plan according to the reflection from the first cycle.

The class meeting was opened and the students was conditioned. It was followed by checking the students' attendance of. After that, the researcher conveyed the results of the first cycle and gave direction

for better PBL learning in the second cycle. The researcher explained the purpose of oxy acetylene welding learning using the PBL method in cycle II. Before learning took place, the students were given a pretest sheet to measure their initial abilities before the learning and they worked according to the instructions. Next, the researcher instructed the students to make groups and worked within the divided groups. The learning process referred to the lesson plan by emphasizing the improvements in the first cycle in order to anticipate the deficiencies in cycle II. Meanwhile, the observation carried out on the teacher and student activities as well as the assessment of the students' cognitive or knowledge aspects.

Data on the results of cognitive assessment of the pretest in cycle II before PBL implementation contained 6 (six) levels of cognitive aspect abilities with the number of 40 item questions. Each level was developed into a number of questions, such as: (a) remembering, with 5 items; (b) understanding with 6 items; (c) applying with 9 items; (d) analyzing with 11 items; (e) evaluating with 5 items; and (f) creating with 4 items, respectively. The learning outcomes for cognitive aspects in the pretest is presented in the table 3 below.

Table 3. The Assessment of cognitive aspect in cycle II

No.	Level of Cognitive Ability	Item Number	Completeness	Mean (%)
1	Remembering	5	5	72,69
2	Understanding	6	4	64,25
3	Applying	9	4	62,33
4	Analyzing	11	6	68,88
5	Evaluating	5	3	70,26
6	Creating	5	3	71,78
Total		40	24	71,04

The learning outcomes data above showed that the overall score was 56.41% (22 students) of 32 students. The learning outcomes based on the minimum completeness criteria of 70. The ability of cognitive aspects that had not been completed was understanding and

applying. The results was much better because the students had already learned the material from the first cycle, so there as some improvement. The results of learning outcomes of cognitive aspects in cycle II presented in table 4 below.

Table 4. The Assessment of cognitive aspect of posttest in cycle II

No.	Level of Cognitive Ability	Item Number	Completeness	Mean (%)
1	Remembering	5	5	86,87
2	Understanding	6	4	77,68
3	Applying	9	9	78,77
4	Analyzing	11	9	77,79
5	Evaluating	5	3	76,97
6	Creating	5	5	75,96
Total		40	34	79,65

The learing results from the posttest in cycle II for cognitive aspects showed an increased by 9.61% compared to the pretest results. The indicators of posttest for cognitive abilities had been fulfilled the minimum completeness criteria of 70 with the percentage of 80%. It indicated the cognitive aspect learning was declared achieved or fulfilled.

The reflection stage in cycle II was done to review the learning that had been well implemented and it seemed that the result was not good enough. The following presented the observation of the learning outcomes data

The implementation of cognitive aspects tests in the second cycle was carried out two times, before learning was carried out to know the students' initial abilities and after PBL learning to find out the improvement of students' learning outcomes. The learning outcomes of cognitive aspects, both pre-test and post-test, were specified based on cognitive abilities. The learning mastery was determined by the success achieved in the posttest, while the cognitive aspects of posttest ability data presented as follows: (a) considering (86.87%); (b) understand (77.68%); (c) applying (78.77%); (d) analyzing (79.61%); (e) assessing (77.97%); and (f) creating (79.16%)

respectively. The percentage of average score was 79.8%. The students above the minimum completeness criteria were 29 students (93.42%) out of 32 students. The success of learning was that the students completed the basic competencies manifested in the assessment results. Based on the cognitive aspect data above, it was concluded that student learning outcomes in cognitive abilities had been improved.

The tests to measure cognitive aspects in the second cycle was carried out 2 times, i.e. before learning was carried out to know the students' initial abilities and after PBL learning to find out the improvement of students' learning outcomes. The learning outcomes of the cognitive aspects, both pre-test and post-test, were specified based on the cognitive abilities. The mastery of learning was determined by the accomplishment in the posttest. The posttest results for cognitive aspects are as follows: (a) considering (86.87%); (b) understanding (77.68%); (c) applying (78.77%); (d) analyzing (79.61%); (e) evaluating (77.97%); and (f) creating (79.16%) respectively. The average percentage was 79.8% and the students who obtained above the minimum completeness criteria were 29 students (93.42%) out of 32 students. The success of the learning can be seen from the students' completeness in their basic competencies in the assessment results. Based on the cognitive aspect data above, it was concluded that the student learning outcomes in cognitive abilities had been achieved.

This classroom action research was carried out in two cycles with a total of 3 (three) meetings for each cycle. The implementation included the learning activities and the achievement of learning outcomes.

The success or failure of learning by applying PBL can be analyzed based on the student learning outcomes. The ability of student learning outcomes covered cognitive, psychomotor and affective aspects. The assessments of learning outcomes were done before and after the

application of PBL. In the beginning of learning, it was in the form of the initial ability before PBL implementation, while the cognitive, psychomotor and affective aspects were revealed after the learning implementation. The test assessing learning outcomes was carried out in two stages, cycle I and cycle II. The obtained learning outcomes by the students after applying PBL can be explained in Table 5.

Table 5. The escalation of Cognitive Aspect in the Students Pretest and Posttest

No	Level of Cognitive Ability	Cycle I		Cycle II	
		Pre-test	Post-test	Pre-test	Post-test
1	Remembering	58,97%	73,21%	72,69%	86,87%
2	Understanding	63,81%	79,52%	64,25%	77,68%
3	Applying	57,11%	70,32%	62,33%	79,77%
4	Analyzing	52,44%	76,16%	68,88%	79,91%
5	Evaluating	58,33%	72,17%	70,26%	79,97%
6	Creating	55,13%	69,15%	71,78%	78,46%
	Total	61,72%	73,83%	71,04%	80,44%

The improvement of learning outcomes for the cognitive aspects in the second cycle was related to the mastery improvement in the implementation of PBL learning. In addition, in cycle II, the students were actively involved in implementing PBL. The improvement of students' involvement also stimulate the improvement of the students' material mastery. This findings in line with Raharjo study (2018) who found PBL method can stimulate motivation during the learning which is ultimately able to improve the students' learning outcomes. It is also similar to the previous studies that decide that PBL concerns more on active student participation in the learning (Tan, 2003; Arends, 2008; Liu, et al., 2009).

CONCLUSION

Based on the results of the research, some conclusions can be drawn as follow (1) At first, the learning outcomes for the students' cognitive aspects was 29.06% and after PBL method in the first cycle increased to 56.88% and became 84.77% in the second cycle. The escalation between cycles I and II was 27.89% after the implementation of PBL. It means PBL

method can improve learning activities and the learning outcomes of the students' cognitive aspects. (2) PBL can be used to stimulate the students' critical thinking in solving problems. (3) PBL is students' centered in which teacher play a role to facilitate and support students in solving problems and collecting all knowledge that students have.

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